MODELLING ADULT MORTALITY IN SMALL POPULATIONS:
THE SAINT MODEL

BY

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ABSTRACT

The mortality evolution of small populations often exhibits substantial variability and irregular improvement patterns making it hard to identify underlying trends and produce plausible projections. We propose a methodology for robust forecasting based on the existence of a larger reference population sharing the same long-term trend as the population of interest. The reference population is used to estimate the parameters in a frailty model for the underlying intensity surface. A multivariate time series model describing the deviations of the small population mortality from the underlying mortality is then fitted and forecasted. Coherent long-term forecasts are ensured by the underlying frailty model while the size and variability of short- to medium-term deviations are quantified by the time series model. The frailty model is particularly well suited to describe the changing improvement patterns in old age mortality. We apply the method to Danish mortality data with a pooled international data set as reference population.

KEYWORDS

SAINT model, small population, adult mortality, frailty, Danish and international mortality.

1. INTRODUCTION

Mortality projections are of great importance for public financing decisions, health care planning and the pension industry. A large number of forecasts are being produced on a regular basis by government agencies and pension funds for various populations of interest. In many situations the population of interest is quite small, e.g. the population of a small region or the members of a specific pension fund, and historic data shows substantial variability and irregular patterns. Also, historic data may be available only for a relatively short period of time.

Astin Bulletin 41(2), 377-418. doi: 10.2143/AST.41.2.2136982 © 2011 by Astin Bulletin. All rights reserved.
The most widely used methodology for making mortality projections is the method proposed by Lee and Carter (1992). The model describes the evolution in age-specific death rates (ASDRs) by a single time-varying index together with age-specific responses to the index. The structure implies that all ASDRs move up and down together, although not by the same amounts. The method has gained widespread popularity due to its simplicity and ease of interpretation and there has been a wealth of applications, see e.g. Tuljapurkar et al. (2000); Booth et al. (2006); Pitacco et al. (2009) and references therein. A number of extensions and improvements have been proposed, e.g. Brouhns et al. (2002); Lee and Miller (2001); Renshaw and Haberman (2006); Renshaw and Haberman (2003); de Jong and Tickle (2006); Currie et al. (2004); Cairns et al. (2006), but the original Lee-Carter method still serves as the point of reference. A comparison of eight stochastic mortality models including the Lee-Carter model can be found in Cairns et al. (2009).

1.1. Small population mortality

The Lee-Carter model is designed to extrapolate regular patterns with constant improvement rates over time. However, while the mortality experience of large populations often conforms with this pattern the mortality evolution of small populations is generally much more irregular. Lack of fit of the Lee-Carter model for small populations, including the Nordic countries, was reported by Booth et al. (2006) in a comparative study. In Denmark, for instance, improvement rates have varied considerably over time within age groups and there has been periods with improvements in some age groups and stagnation or even slight increases in other age groups violating the Lee-Carter assumptions; see Jarner et al. (2008); Andreev (2002) for detailed accounts of the evolution of Danish mortality.

The characteristics of small population mortality makes forecasting based on past trends problematic and very sensitive to the fitting period. Naive extrapolation of historic trends in ASDRs is likely to lead to implausible projections and unrealistic age-profiles, e.g. old age mortality dropping below that of younger ages. Often, however, the population under study can be regarded as a subpopulation of a (larger) reference population obeying a more regular pattern of improvement, e.g. a region within a country, or a small country in a larger geographical area etc. Furthermore, it will often be reasonable to assume that the study and reference populations will share the same long-term trend.

For illustration of the problems associated with small populations Figure 1 shows the development in Danish and international female mortality from 1933 to 2005 for ages 40, 60 and 80 years. The international data consists of a pooled international data set with data from 19 countries, see Section 3.1 for details. The Danish data exhibits large annual variations but it appears to share the same long-term trend as the international data. It is also clear however that there are extended periods of time where Danish mortality deviates substantially from the international level, and that projections of Danish mortality...
Based on Danish data alone will be less stable than projections based on international data.

In this paper we propose a methodology for robust small population mortality projection based on the identification of a reference population. The method consists of two steps: First, the reference population is used to estimate a parametric, underlying intensity surface which determines the long-term trend. Second, a multivariate, stationary time series model describing the deviations of the small population mortality from the trend is fitted. Projections are obtained by combining extrapolations of the parametric surface with forecasts of the time series model for deviations. Coherent long-term mortality profiles are guaranteed by the parametric surface while the purpose of the time series is to quantify the short- to medium-term variability in improvement rates of the small population.

It is common to base mortality forecasts on time series models. Typically, parameters describing the evolution of period life tables are estimated assuming either a parametric or non-parametric age-profile. A time series model, often a random-walk with drift, is then fitted and forecasted for each of the parameters. The role of the time series in these methods is to capture both the trend in parameters and their uncertain evolution around the trend. The structure implies that large short-term variability invariably lead to even larger long-term variability. In contrast, the proposed method by treating deviations from the trend as stationary allows for substantial short-term variability without inflating the long-term uncertainty.

The majority of the vast literature on stochastic modelling of mortality rates focuses on single-population forecasts. There is however a small, recent literature on joint modelling of two or more populations which is related to the present paper. Li et al. (2004) introduce in general terms the idea of borrowing...
information from similar countries, while Li and Lee (2005) use common and individual components to produce coherent forecasts for related populations in the Lee-Carter framework. Plat (2009) relates a portfolio of insured lives to a national population with the aim of discussing basis risk; Biatat and Currie (2010) introduce a concept of similarity to facilitate the classification and comparison of mortality tables; Dowd et al. (2011) propose a gravity model in which parameter processes for two populations are attracted to each other; while Cairns et al. (2011) develop and implement a joint model for two related populations in a Bayesian framework. Finally, Li and Hardy (2009) compare various joint models of the Lee-Carter type.

1.2. Old age mortality

The modelling of old age mortality presents perhaps the most challenging part of mortality modelling. The historic development in Danish old age mortality, say age 70 and above, shows very modest improvement rates, far below those observed for the younger ages. However, over the last decade or so improvement rates have picked up and currently 70-year-olds experience improvement rates equalling those of younger ages. The picture is the same in most developed countries: old age mortality has historically improved at a slower pace than young and middle age mortality, but recently improvements rates have gradually risen.

The fact that old age improvement rates increase over time cause forecasts based on the Lee-Carter methodology to systematically under-predict the gains in old age mortality, cf. Lee and Miller (2001). As a consequence it has been recommended to use a shorter fitting period over which data conforms better with the assumptions of time-invariant improvement rates, see e.g. Lee and Miller (2001); Tuljapurkar et al. (2000); Booth et al. (2002). Although this approach clearly forecasts higher improvement rates in old age mortality it seems somewhat ad-hoc and not entirely satisfying. In this paper we take a different route.

Our ambition is to derive a simple model for the population dynamics in which changing mortality patterns naturally arise. This will allow us to characterize how mortality improvements change over time and to make predictions for future improvements in old and oldest-old mortality. Inspired by frailty theory we assume that the population consists of a heterogeneous group of individuals with varying degrees of frailty. Frail individuals have a tendency to die first causing a concentration of robust individuals at high ages. Taken this selection mechanism into account and assuming continued improvements over time a model for the entire intensity surface of the population over time can be derived. We will use the resulting parametric surface to describe the development of the reference population.

The frailty model offers an explanation to the observed lack of improvement in old age mortality. The mortality for a given age group at a given time is influenced by two factors: the current level of health and the average frailty.
Over time the level of health improves but so does the average frailty. In effect, as mortality improves the selection mechanism to reach a given age weakens causing healthier but more frail individuals to become old. In the transition from high to low selection the two effects partly offset each other such that the aggregate mortality for the age group is almost constant. Eventually the health effect will dominate the selection effect and improvements will be seen. We will explore these effects in some detail and derive the asymptotic improvement pattern implied by the model.

For two reasons we focus on adult mortality only in our modelling, i.e. mortality for age 20 and above. First, the nature of infant and child mortality is rather different from adult mortality and more complexity will have to be added to the model to fit the historic evolution adequately. Second, current levels of infant and child mortality are so low that their future course has very little impact on life expectancy and other aggregate measures. Hence, from a forecasting perspective not much is gained by the added complexity. In fact, with current mortality levels already very low up to age 60, say, future life expectancy gains will be driven almost exclusively by the development in old age mortality. However, by modelling the full adult mortality surface we are able to extract information about the general nature of improvement patterns and to predict when improvements will start to occur for age groups where none have been seen historically.

The multiplicative frailty model that we will make use of was introduced by Vaupel et al. (1979). In biostatistics and survival analysis the concept of frailty is well established, see e.g. Hougaard (1984); Aalen (1988); Wienke (2010). In the actuarial literature frailty models have also appeared, although less frequently. Wang and Brown (1998) use the Perks model to graduate mortality improvement factors; Butt and Haberman (2004) use generalized linear models to graduate insurance-based mortality data; while Olivieri (2006) gives an overview of the use of heterogeneity models in life insurance. More recently, Li et al. (2009) use frailty to introduce heterogeneity in the Lee-Carter model, and Olivieri and Pitacco (2009) employ the multiplicative frailty structure to dynamically update the mortality evolution of a portfolio relative to a given life table.

1.3. Outline

The rest of the paper is organized as follows: in Section 2.1 we present the proposed methodology for small population mortality modelling consisting of a separation of trends and deviations; in Section 2.2 we derive a parametric, frailty model for the underlying intensity surface and study some implications and asymptotic properties; and Section 2.3 contains a description of the time series model for deviations. In Section 3 we give an application to Danish data taken a large international data set as reference population, Section 4 contains a study of the fit and forecasting performance of the model, and in Section 5 we offer some concluding remarks and indicate further lines of research. The Appendix contains some additional theoretical developments and proofs.
2. THE MODEL

2.1. Methodology

In the following we suggest a methodology for robust forecasting of small population mortality. The evolution of small population mortality is characterized by being more volatile and having less regular improvement patterns compared to what is observed in larger populations. These features make simple projection methodologies very sensitive to the choice of fitting period and lead to very uncertain long-term forecasts. The fundamental idea in the proposed method is to use a large population to estimate the underlying long-term trend and use the small population to estimate the deviations from the trend.

We distinguish between unsystematic and systematic variability. Unsystematic variability refers to the variability associated with the randomness of the time of deaths in a population with a known mortality intensity, while systematic variability refers to the variability of the mortality intensity itself. Since the populations we are interested in are small by assumption we expect noticeable unsystematic variability. For instance, we do not expect crude (unsmoothed) death rates, constructed from the mortality experience of a single year, to be strictly increasing with age although we believe it to hold for the underlying intensity (at least from some age).

However, even taken the larger unsystematic variability into account it appears that small populations also have a greater systematic variability than larger populations. Presumably small populations are more homogeneous and thereby more influenced by specific effects. There are a number of reasons why this might be. Consider for instance the members of an occupational pension scheme. The members have the same or similar education and job, and probably also to some extent similar economic status and life style compared to the population at large. Similarly, the population in a specific country is influenced by common factors, e.g. the health care system and social habits such as smoking. The homogeneity implies that specific changes in e.g. socioeconomic conditions will have a greater impact on the mortality in a small population compared to a large population with greater diversity in background factors.

We will assume that the population under study can be regarded as a subpopulation of a larger population, e.g. the population of a province is a subpopulation of the national population, and a national population can be regarded a subpopulation of the total population of a larger geographical region, or of similarly developed countries. We will refer to the small population as the subpopulation and the large population as the reference population. Although both unsystematic and systematic variability will be greater in the subpopulation it is reasonable to assume that the sub- and reference populations will share the same long-term trends in mortality decline, even in the presence of substantial deviations in current mortality levels. The alternative is diverging levels of mortality which in the long run seems highly unlikely for related populations. Wilson (2001); Wilmoth (1998) provide evidence for
convergence in global mortality levels due to convergence of social and economic factors.

2.1.1. Data

We will assume that data consists of death counts, \( \{ D(t,x) \} \), and corresponding exposures, \( \{ E(t,x) \} \), for a range of years \( t \) and ages \( x \). Data is assumed to be available for both the sub- and reference population (distinguished by subscript sub and ref, respectively), but not necessarily for the same ranges of years and ages. Data will typically also be gender specific, but it does not have to be. Since it is of no importance for the formulation of the model we will suppress a potential gender dependence in the notation.

\( D(t,x) \) denotes the number of deaths occurring in calendar year \( t \) among people aged \( [x,x+1) \), and \( E(t,x) \) denotes the total number of years lived during calendar year \( t \) by people of age \( [x,x+1) \). For readers familiar with the Lexis diagram, \( D(t,x) \) counts the number of deaths in the square \( [t,t+1) \times [x,x+1) \) of the Lexis diagram and \( E(t,x) \) gives the corresponding exposure, i.e. we work with so-called \( A \)-groups.

2.1.2. Model structure

From the death counts and exposures we can form the (crude) death rates

\[
m(t,x) = \frac{D(t,x)}{E(t,x)}
\]

which are estimates of the underlying intensity, or force of mortality, \( \bar{\mu}(t,x) \).

In order to proceed we assume that we have a family of intensity surfaces \( \{ H_\theta(t,x) \} \) parameterized by \( \theta \), and we consider the model where death counts are independent with

\[
D_{\text{ref}}(t,x) \sim \text{Poisson} \left( \bar{\mu}_{\text{ref}}(t,x)E_{\text{ref}}(t,x) \right),
\]

and \( \bar{\mu}_{\text{ref}}(t,x) = H_\theta(t,x) \). Based on this model we find the maximum likelihood estimate (MLE) for \( \theta \), denoted by \( \hat{\theta} \). In principle we could use a Lee-Carter specification of \( \bar{\mu} \) in which case the model is the one proposed in Brouhns et al. (2002). However, by assumption the evolution of the reference population is smooth which allows us to get a good fit with a more parsimonious specification. In Section 2.2 we will develop a specific family of intensity surfaces, which will be shown to provide a very good fit to the reference data in our application. The use of a parametric model also offers insights into the dynamics of improvement rates over time.

\[\text{We use } \bar{\mu} \text{ to indicate an intensity surface which is constant over calendar years and over integer ages. We reserve the use of } \mu, \text{ which will later be used to denote a continuous intensity surface.}\]
The next step is to model the deviations of the subpopulation from the reference population. We will refer to the deviations as the spread and we propose to use a model of the form

$$D_{\text{sub}}(t,x) \sim \text{Poisson}\left(\bar{\mu}_{\text{sub}}(t,x)E_{\text{sub}}(t,x)\right),$$

with

$$\bar{\mu}_{\text{sub}}(t,x) = H_\theta(t,x)\exp(y'_i r'_x)$$

where $y'_i = (y_{0,t}, \ldots, y_{n,t})$ and $r'_x = (r_{0,x}, \ldots, r_{n,x})$ for some $n$. Again, this does in fact allow a Lee-Carter specification of the deviations. However, we will consider the situation in which the $r$'s are fixed regressors and only the $y$'s are estimated (by maximum likelihood estimation). Note, that in this case the estimates of $y_i$ only depend on data from period $t$. In Section 2.3 we will propose a specific model with three regressors corresponding to level, slope and curvature of the spread.

The last step is to fit a time-series model for the multivariate time-series $y_t$. We will use a VAR(1)-model for which standard fitting routines exist. If the assumptions behind the modelling approach are fulfilled the time-series should not display drift but rather fluctuate around some level (which may be different from zero). In other words, we expect $y_t$ to be stationary.

Forecasts are readily produced by combining trend forecasts with time-series forecasts of the spread. Assuming independence between trend and spread we have, with a slight abuse of notation, the following variance decomposition

$$\text{Var}(\log \bar{\mu}_{\text{sub}}(t,x)) = \text{Var}(\log H_\theta(t,x)) + \text{Var}(y'_i r'_x).$$

We see that there are two sources of (systematic) variability: the trend and the spread. For most specifications of $H_\theta$ the variance will increase with the forecasting horizon. The variance of the spread, however, will only increase up to a given level under the assumed stationarity of $y_t$. The model does not forecast the mortality of the subpopulation to convergence in an absolute sense to that of the reference population, but the spread will be bounded (in probability).

In the following sections we develop a specific model which falls within the framework described above. The model will subsequently be used in an application to Danish mortality taking an international data set as reference population. With this application in mind the model has been dubbed SAINT as an abbreviation for Spread Adjusted InterNational Trend.

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2 In equation (5) $\hat{\theta}$ is considered as an estimator with a distribution rather than a fixed number.
2.2. Trend modelling

A great number of functional forms have been suggested as models for adult mortality, see e.g. Chapter 2 of Gavrilov and Gavrilova (1991). Classical forms include the ones associated with the name of Gompertz

\[ \mu(x) = \alpha \exp(\beta x), \]  

and Makeham

\[ \mu(x) = \alpha \exp(\beta x) + \gamma. \]  

Both of these capture the approximate exponential increase in intensity observed for adult mortality. The Makeham form also includes an age-independent contribution which can interpreted as a rate of accidents. The additional term, referred to as background mortality, improves the fit at young ages.

Old age mortality, however, is generally overestimated by the assumed exponential increase. Empirical data typically shows decreasing acceleration in mortality at old ages, or even a late-life mortality plateau. A functional form that captures both the (approximate) exponential growth rate seen in adult mortality and the subsequent sub-exponential increase at old ages is the logistic family

\[ \mu(x) = \frac{\alpha \exp(\beta x)}{1 + \alpha \exp(\beta x)} + \gamma. \]

This form has been proposed as the basis for mortality modelling by several authors, e.g. Cairns et al. (2006), Bongaarts (2005), Thatcher (1999), and it has been shown to fit empiric data very well in a number of applications.³

2.2.1. Selection and frailty

Various theories have been proposed trying to explain why the increase in the force of mortality slows down at old ages, see e.g. Thatcher (1999) and references therein. In this paper we will focus on frailty theory as it provides a flexible and mathematically tractable framework for modelling mortality.

The theory assumes that the population is heterogeneous with each person having an individual level of susceptibility, or frailty. Frail individuals have a tendency to die earlier than more robust individuals and this selection causes the frailty composition of the cohort to gradually change over time. The continued concentration of robust individuals in effect slows down the mortality

³ Cairns et al. (2006) use the logistic form to describe one-year death probabilities \( q_x \), while we use it as model for the underlying intensity. The two quantities are related by \( q_x = 1 - \exp\left(-\int_x^\infty \mu(y)\,dy\right) \approx \mu(x) \).
of the cohort and causes the cohort intensity to increase less rapidly than the individual intensities. The following example illustrates the idea.

**Example 2.1. (Gamma-Makeham model).** Assume that the ith person of a cohort has his own Makeham intensity:

\[ \mu(x; z_i) = z_i \alpha \exp(\beta x) + \gamma, \]  

(9)

where \( z_i \) is an individual frailty parameter, while \( \alpha, \beta \) and \( \gamma \) are shared by all persons in the cohort. Assume furthermore that \( Z \) follows a (scaled) \( \Gamma \)-distribution with mean 1 and variance \( \sigma^2 \). The force of mortality for the cohort then becomes

\[ \mu(x) = \mathbb{E}[Z|x] \alpha \exp(\beta x) + \gamma = \frac{\alpha \exp(\beta x)}{1 + \sigma^2 \alpha (\exp(\beta x) - 1) / \beta} + \gamma, \]  

(10)

where \( \mathbb{E}[Z|x] \) denotes the conditional mean frailty of the cohort at age \( x \). The cohort intensity in this model is of logistic form with an asymptotic value of \( \beta \sigma^2 + \gamma \) as \( x \) tends to infinity. Hence, although each individual intensity is exponentially increasing the selection mechanism is so strong that the cohort intensity levels off at a finite value.⁴

### 2.2.2. The multiplicative frailty model

The ideas of selection and frailty can be generalized to describe the evolution in mortality rates over time for a whole population. In the following we assume the existence of a smooth intensity surface, \( \mu(t, x) \), which represents the instantaneous rate of dying for a person aged \( x \) at time \( t \), i.e. the probability that the person will die between time \( t \) and \( t + dt \) is approximately \( \mu(t, x) dt \) for small \( dt \).

We start by considering a general, multiplicative frailty model where the mortality intensity for an individual with frailty \( z \) has the form

\[ \mu(t, x; z) = z \mu^I(t, x) + \gamma(t). \]  

(11)

Hence, individual intensities have a senescent (age-dependent) component, \( z \mu^I(t, x) \), and a background (age-independent) component, \( \gamma(t) \). Frailty is assumed to affect the senescent component only and its effect is assumed to be multiplicative. Thus \( z \) measures the excess (senescent) mortality relative to

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⁴ The first equality in (10) follows from Proposition A.1 with \( \mu^I(t, x) = \alpha \exp(\beta x) \) and \( \gamma(t) = \gamma \), and the second equality follows from Proposition A.2.

⁵ In fact, if \( \sigma^2 > \beta \alpha \) the level of heterogeneity is so large, and the selection effect thereby so strong, that the cohort intensity is decreasing with age! For \( \sigma^2 = \beta \alpha \) the cohort intensity is constant, while for smaller values of \( \sigma^2 \) the cohort intensity is increasing as expected.
the mortality of an individual with frailty $1$. Apart from the frailty-independent term this is the frailty model introduced by Vaupel et al. (1979).

In order to obtain an analytically tractable model we will assume that frailties at birth follow a $G$-distribution with mean $1$ and variance $\sigma^2$. It has been shown by Abbring and van der Berg (2007) that, subject to certain regularity conditions, the $G$-distribution is the limiting frailty distribution among survivors for a large class of initial frailty distributions. Thus, apart from its analytical tractability the $G$-distribution is in some sense the natural choice. Under the assumption of $G$-distributed frailties it follows from Propositions A.1 and A.2 that the mortality intensity at the population level is given by

$$
\mu(t,x) = E[Z|t,x] \mu^I(t,x) + \gamma(t),
$$

where $E[Z|t,x]$ denotes the conditional mean frailty at time $t$ for persons of age $x$. Further, the mean frailty can be calculated in terms of the integrated individual intensity as

$$
E[Z|t,x] = (1 + \sigma^2 I(t,x))^{-1},
$$

where $I(t,x) = \int_0^x \mu^I_t(u + t - x, u)du$.

We will denote the senescent component of the population intensity in (12) by $\mu_s(t,x)$, i.e. $\mu_s(t,x) = E[Z|t,x] \mu^I(t,x)$. It follows from Proposition A.3 that $E[Z|t,x]$ can also be expressed in terms of the integrated $\mu_s$.

To capture the idea that the mortality of an individual is affected by both accumulating and non-accumulating factors we will write the (baseline) individual intensity in the form

$$
\mu^I(t,x) = \kappa(t,x) \exp \left( \int_0^x g(u + t - x, u)du \right),
$$

We think of $\kappa$ as representing the current level of treatment/health at time $t$ for persons of age $x$, while the accumulating factor $g$ represents the aging process. The idea is that $g(t,x)$ represents the increase in (log) mortality caused by aging at time $t$ for persons of age $x$. Hence, to get the accumulated effect of aging one needs to integrate from age $0$ at the time of birth, $t - x$, to the current age $x$ at time $t$.

2.2.3. Specification

We will consider the following specialization of the model given by (11) and (14):

$$
g(t,x) = g_1 + g_2(t - t_0) + g_3(x - x_0),
$$

$$
\kappa(t) = \exp(\kappa_1 + \kappa_2(t - t_0)),
$$

$$
\gamma(t) = \exp(\gamma_1 + \gamma_2(t - t_0)),
$$

where $g_1, g_2, g_3, \kappa_1, \kappa_2, \gamma_1, \gamma_2$ are model parameters.
with \( x_0 = 60 \) and \( t_0 = 2000 \). The subtraction of (year) 2000 in the specification of \( g, \kappa \) and \( \gamma \) and 60 in \( g \) is done for interpretability reasons only. Thus \( g(2000, 60) = g_1 \) is the “aging” of a 60-year old in year 2000, \( g_2 \) is the additional aging across ages for each calendar year, and \( g_3 \) is the additional biological aging for each year of age. Similarly, \( \kappa(2000) = \kappa_1 \) and \( \gamma(2000) = \gamma_1 \) while \( \kappa_2 \) and \( \gamma_2 \) give the annual rates of change. Notice, that \( \kappa \) depends only on time since the obvious “missing” term, \( \kappa_3(x - x_0) \), is already present through \( g_1 \). The model has a total of 8 parameters; the 7 parameters appearing in the specification of \( g, \kappa \) and \( \gamma \) together with the variance of the frailty distribution, \( \sigma^2 \). As we will later demonstrate the model is able to capture the main characteristics of the data very well despite its parsimonious structure.

Some data sets show evidence of the so-called cohort effect, i.e. the phenomenon that the mortality evolution of cohorts born in certain periods differ markedly from the evolution of neighboring cohorts, see e.g. Willets (2004); Richards et al. (2006). Cohort effects cannot be captured by the present specification of the model, but they could be included if so desired. Multiplicative cohort effects can be included by defining a parametric term depending on year of birth, \( \iota(b) \), and use \( \kappa(t, x) = \kappa(t) \iota(t - x) \) in (14). In this paper however we do not consider cohort effects.

From a computational perspective it is convenient to think of the intensities as functions of birth year, rather than calendar year, and age. By use of Propositions A.1 and A.2 we can write \( \mu \) as

\[
\mu(t, x) = \frac{K(t - x, x)}{1 + \sigma^2 \int_0^x K(t - x, y)dy} + \gamma(t),
\]

where \( K(b, v) = \mu_1^2(b + v, v) \). This representation highlights the fact that the integral in the denominator relates to a given birth-cohort.

For the model above we have

\[
K(b, x) = \kappa(b) \exp\left((g(b, 0) + \kappa_2)x + (g_2 + g_3)x^2/2\right).
\]

That is, \( K(b, x) \) is log-quadratic in \( x \) (for fixed \( b \)). When \( g_2 + g_3 < 0 \) the integral in the denominator can be expressed in terms of the cdf of a normal distribution, while this is not possible when the sum is positive. In either case, it is easy to evaluate the integral numerically.

The model can be viewed as a generalization of the Gamma-Makeham model of Section 2.2.1. Indeed, that model is obtained by letting all of \( g, \kappa \) and \( \gamma \) be constant (if only \( g \) is constant we obtain the model proposed by Vaupel (1999)). However, unlike the Gamma-Makeham model the cohort mortality profiles of our model will generally not have finite asymptotes as shown in Proposition B.1.
2.2.4. Rates of improvement

When discussing improvement rates it is most illuminating to focus on the senescent part of the mortality. The background mortality component is primarily included for the purpose of improving the fit among young adults and, relative to the senescent part, its contribution to mortality is negligible for older age groups. Following the notation of Bongaarts (2005) we define the rate of improvement in senescent mortality as

\[ \rho_x(t, x) = -\frac{\partial \log \mu_x(t, x)}{\partial t} = -\frac{\partial \log E[Z | t, x]}{\partial t} - \frac{\partial \log \mu_x(t, x)}{\partial t}. \]  

Generally, healthier conditions and other improvements in individual survival will mean that the contribution from the last term is positive. However, higher survival rates imply less selection and the average frailty of persons of age \( x \) will therefore increase to 1, the average frailty at birth, over time. Thus the contribution from the penultimate term is negative. For old age groups with strong selection the changing frailty composition can substantially offset the general improvements but eventually the effect dies out and improvements occur.

For model (15)-(17) considered in this paper we can derive the asymptotic improvement rates. Assuming \( \kappa_2 < 0 \) and \( \kappa_2 + g_x < 0 \) it follows from Proposition C.1 that

\[ \rho_x(t, x) = -\frac{\partial \log E[Z | t, x]}{\partial t} - (\kappa_2 + g_x) \to - (\kappa_2 + g_x) \text{ for } t \to \infty. \]  

Thus in the limit rates of improvement will be linear in age. However, the frailty term implies that for old age group improvement rates can be substantially lower for a long time before eventually approaching their long-run level. In extreme cases the frailty term may even dominate the term representing general improvements, in which case ASDR’s will increase for a period before starting to decrease. This effect has been proposed as a possible explanation for the lack of improvement in life expectancy at advanced ages in the Netherlands, see Nusselder and Mackenbach (2000). However, we do not find support for increasing ASDR’s in the data analyzed in this paper.

2.2.5. Estimation

We next want to estimate the parameters of model (15)-(17) using the reference data. Since the intensity surface is a continuous function of time and age, while data is aggregated over calendar years and one year age groups, we define, for integer values of \( t \) and \( x \),

\[ \tilde{\mu}_{\text{ref}}(t, x) = \frac{1}{4}(\mu(t, x) + \mu(t, x + 1) + \mu(t + 1, x) + \mu(t + 1, x + 1)) \]  

(22)
to represent the average intensity over the square \([t, t + 1] \times [x, x + 1]\) of the Lexis diagram.\(^6\) We will use the Poisson-model in (2) with \(\tilde{\mu}_{\text{ref}}(t, x)\) given by (22) to find the MLE, \(\hat{\theta}\), of the parameters \(\theta = (\sigma, g_1, g_2, g_3, \kappa_1, \kappa_2, \gamma_1, \gamma_2)\). This is achieved by maximizing the log-likelihood function

\[
l(\theta) = \sum_{t,x} D_{\text{ref}}(t,x) \log(\tilde{\mu}_{\text{ref}}(t,x) E_{\text{ref}}(t,x)) - \log(D_{\text{ref}}(t,x)! - \tilde{\mu}_{\text{ref}}(t,x) E_{\text{ref}}(t,x)
\]

where the last term does not depend on \(\theta\) and hence need not be included in the maximization. It is straightforward to implement the log-likelihood function and to maximize it by standard numeric optimization routines. We have used the \texttt{optim} method in the freeware statistical computing package R for our application.

Generally, maximum likelihood estimates are (under certain regularity conditions) asymptotically normally distributed with variance matrix given by the inverse Fisher information\(^7\) evaluated at the true parameter. As an estimate of the variance-covariance matrix we will use

\[
\hat{\text{Cov}}(\hat{\theta}) = -D_\theta^2 l(\hat{\theta})^{-1},
\]

which can be computed numerically once \(\hat{\theta}\) has been obtained. Using the variance estimates and the approximate normality (approximate) 95\%-confidence intervals for the parameters can be computed as \(\hat{\theta} \pm 1.96 \hat{\text{Var}}(\hat{\theta})\), where \(\hat{\text{Var}}(\hat{\theta})\) denotes the diagonal of \(\hat{\text{Cov}}(\hat{\theta})\).

Bootstrapping constitutes an alternate approach to assessing the parameter uncertainty which does not rely on asymptotic properties, see e.g. Efron and Tibshirani (1993); Koissi et al. (2006). In short, the method consists of simulating a number of new data sets, i.e. new death counts, given the observed exposures and the estimated intensities and calculate the MLE for each data set. The resulting (bootstrap) distribution reflects the uncertainty in the parameter estimates. Although simple in theory the computational burden is in our case substantial as each maximization takes several minutes.

### 2.3. Spread modelling

The fundamental assumption behind the proposed method for modelling small population mortality is the existence of an underlying (smooth) mortality

---

\(^6\) There are other possibilities for defining \(\tilde{\mu}_{\text{ref}}(t,x)\). For instance, \(\tilde{\mu}_{\text{ref}}(t,x) = \mu(t + 1/2, x + 1/2)\), or \(\tilde{\mu}_{\text{ref}}(t,x) = \int_0^1 \int_0^1 \mu(t + s, x + u) \, ds \, du\). If the exposure is uniform over the square one may argue in favor of the latter definition, but it is cumbersome to implement and unlikely to yield any substantial differences.

\(^7\) The Fisher information is defined as minus the expected value of the second derivative of the log-likelihood function, \(I(\theta) = -\mathbb{E}[D_\theta^2 l(\theta)|\theta]\).
MODELLING ADULT MORTALITY IN SMALL POPULATIONS

surface, the trend, around which the small population mortality evolves. In this section we focus on modelling and estimating the deviations of the small population mortality from the trend.

2.3.1. Spread

For given underlying trend, \( \mu_{\text{ref}} \), we will assume that subpopulation death counts are independent and distributed according to

\[
D_{\text{sub}}(t,x) \sim \text{Poisson} \left( \tilde{\mu}_{\text{sub}}(t,x) E_{\text{sub}}(t,x) \right),
\]

where

\[
\tilde{\mu}_{\text{sub}}(t,x) = \mu_{\text{ref}}(t,x) \exp(y'_x r_x)
\]

with \( y'_i = (y_{0,i}, \ldots, y_{n,i}) \) and \( r'_x = (r_{0,x}, \ldots, r_{n,x}) \) for some \( n \). The spread between the mortality of the subpopulation and the trend is modelled by the last term in (25). The regressors \( r_{0}, \ldots, r_{n} \) determine the possible age-profiles of the (log) spread, while \( y_{0}, \ldots, y_{n} \) describe the evolution over time of the corresponding components of the spread. We will refer to the \( y \)'s as the spread parameters.

As opposed to the elaborate trend model we have chosen to use a rather simple log-linear parametrization of the spread. We do this for two reasons. First, assuming the trend model captures the main features of the mortality surface we expect there to be only little structure left in the spread. Introducing a complex functional form for the spread therefore seems fruitless. Second, a complicated spread model would to some extent counter the idea of the model. The spread is supposed to model only the random, but potentially time-persistent, fluctuations around the underlying mortality evolution.

Regarding the choice of dimensionality, \( n \), we are faced with the usual trade-off. A high number of regressors can fit the spread evolution very precisely, but there is a risk of overfitting thereby impairing forecasting ability. Also, a high number of spread parameters are harder to model and will, typically, increase forecasting uncertainty. A low number of regressors, on the other hand, will fit the spreads less well and can be expected to capture only the overall shape. However, a low number of spread parameters are easier to model and, generally, provide more robust and less uncertain forecasts.

For a given number of regressors there are essentially two ways to proceed. Either, the regressors are specified directly and only the spread parameters are estimated, or both regressors and spread parameters are estimated simultaneously from the data. We prefer the former method due to ease of interpretability of the spread parameters and presumed better forecasting ability; although we recognize that the latter method provides a better (within-sample) fit.
Specifically, we propose to parameterize the spread by the three regressors
\begin{align}
    r_{0,x} &= 1, \\
    r_{1,x} &= (x - 60)/40, \\
    r_{2,x} &= (x^2 - 120x + 9160/3)/1000,
\end{align}
which describe, respectively, the level, slope and curvature of the spread. For ease of interpretability the regressors are chosen orthogonal and they are normalized to (about) unity at ages 20 and 100.\(^8\) The number of regressors reflects a compromise between fit and ease of modelling which appears to work well in our application.

Due to the assumed independence of death counts the MLE of the spread parameters for year \(t\) depends only on data for that year. For each year of subpopulation data we obtain the MLE for \(y_t\) by maximizing the log-likelihood function
\[
l(y_t) = \sum_x D_{\text{sub}}(t,x) y_t^r_x - \bar{\mu}_{\text{ref}}(t,x) \exp(y_t^r_x) E_{\text{sub}}(t,x) + \text{constant},
\]
where \(\bar{\mu}_{\text{ref}}(t,x)\) is calculated with the maximum likelihood estimates from Section 2.2.5 inserted. Note that the parametric form of the underlying trend ensures that we can calculate \(\bar{\mu}_{\text{ref}}(t,x)\) for all \(x\) and \(t\). Thus the age and time windows for which we have data for the sub- and reference population need not coincide, or even overlap. In practice, of course, we expect there to be at least a partial overlap. For example, if the subpopulation is the current and former members of a specific pension scheme, or a specific occupational or ethnic group, we might have only a relatively short history of data, while we might have a considerably longer history of national data which we might want to use as reference data.

2.3.2. Time dynamics

The multivariate series of spread parameters describe the evolution in excess mortality in the subpopulation relative to the reference population. Over time we expect the two populations to experience similar improvements and we therefore believe the spread to be stationary rather than showing systematic drift. We also expect the spread to show time-persistence. If at a given point

\(^8\) In the application we use mortality data for ages 20 to 100, i.e. 81 one-year age groups. Seen as vectors the three regressors are orthogonal w.r.t. the usual inner product in \(\mathbb{R}^{81}\). The regressors are normalized such that \(r_{2,20} = -1\) and \(r_{2,100} = 1\), while \(r_{3,20} = r_{3,100} = 1.053\). If desired we can obtain \(r_{3,20} = r_{3,100} = 1\) by changing the normalization constant from 1000 to 3160/3 in the definition of \(r_3\).
in time the mortality of the subpopulation is substantially higher or lower than the reference mortality we expect it to stay higher or lower for some time thereafter. Finally, we expect the spread parameters to be dependent rather than independent. The regressors are chosen to have a clear interpretation, but we do not expect, e.g. the level and the slope of the spread to develop independently of each other over time.

The simplest model meeting these requirements is the vector autoregressive (VAR) model which we will adopt as spread parameter model. Specifically we suggest to use the Gaussian VAR(1)-model
\[ y_t = Ay_{t-1} + e_t, \tag{29} \]
where $A$ is a three by three matrix of autoregression parameters and the errors $e_t$ are three-dimensional i.i.d. normally distributed variates with mean zero and covariance matrix $\Omega$, i.e. $e_t \sim N_3(0, \Omega)$.

By not including a mean term in the model we implicitly assume that the spread will converge to zero (in expectation) over time. We believe this is a natural condition to impose for the application to Danish data with an international reference data set considered in this paper. Indeed, it is hard to justify the opposite, that Danish mortality should deviate systematically from international levels indefinitely even if historic data were to suggest it. For other applications one may wish to include a mean term in the model and thereby allow for systematic deviations. Similarly, one may wish to consider more general VAR-models with additional lags to capture more complex time-dependence patterns.

The parameters $A$ and $\Omega$ of model (29) can be estimated by the ar routine in R treating the time series of estimated spread parameters, $y_t$, as observed variables. The routine offers various estimation methods. It would have been in the spirit of this paper to use maximum likelihood estimation, but unfortunately this option is only implemented for univariate time series. Instead we use Yule-Walker estimation which obtains estimates by solving the Yule-Walker equations, cf. e.g. Brockwell and Davis (1991). In our application the estimated $A$ defines a stationary time series, i.e. the modulus of $A$’s eigenvalues is smaller than one, for both men and women. However, in general there is no guarantee for this. As with all statistical analysis where data contradicts modelling assumptions one will then have to propose a more suitable model, e.g. introduce a mean term or additional lags, and reiterate the analysis.

2.3.3. Forecast

Forecasting in the VAR-model (29) is based on the conditional distribution of the future values of the spread given the observed values. Assuming year $T$ to be the last year of observation and $h$ to be the forecasting horizon we need to find the conditional distribution of $y_{T+h}$ given the observed values. Due to the Markov property of the VAR(1)-model this distribution depends on the last
observed value, \( y_T \), only. Expanding the data generating equation we obtain for \( h \geq 1 \)

\[
y_{T+h} | y_T \sim N(m_h, V_h),
\]

where \( m_h \) and \( V_h \) are given by

\[
m_h = A^h y_T, \quad V_h = \sum_{i=0}^{h-1} A^i \Omega(A^i)'.
\]

From these expressions forecasted values for future spread parameters and corresponding two sided (pointwise) 95%-confidence intervals are easily obtained as

\[
\text{CI}_{95\%}(y_{T+h}) = m_h \pm 1.96 \sqrt{\text{diag}(V_h)}.
\]

Note that due to stationarity the forecasting uncertainty will increase towards a finite limit as the forecasting horizon increases. Thus the deviations of the subpopulation from the reference population are bounded (in probability) over time. By use of equation (25) we further have

\[
\text{CI}_{95\%}(\log \bar{\mu}_{\text{sub}}(T + h, x)) = \log \bar{\mu}_{\text{ref}}(T + h, x) + m_h^r x \pm 1.96 \sqrt{V_h^r x r_x}.
\]

The stated confidence intervals only reflect the stochasticity of the VAR-model itself without taking the parameter uncertainty into account. They are therefore, in a sense, the “narrowest” possible confidence intervals.

Confidence intervals incorporating parameter uncertainty, i.e. uncertainty in parameter values, can be constructed by simulating the parameters of the trend and spread model and generate stochastic forecasts for each simulated parameter set. In a Bayesian analysis the parameters would be simulated from their posterior distribution, see e.g. Cairns et al. (2006) and Dowd et al. (2006), while in a frequentist analysis like the present the parameters would be simulated from the distribution of the estimators. In this paper however we will not address the issue of parameter uncertainty.

A third level of uncertainty is concerned with the uncertainty of the model itself, i.e. the fact that we use a parametric trend and a stochastic spread with a given structure. The actual future trend is unknown and other trend models, e.g. models including stochastic components, will give rise to other forecasts. This source of uncertainty is called model uncertainty; the interested reader is referred to Cairns (2000) for a general discussion of how all three sources of uncertainty can be assessed coherently in a Bayesian framework. In this paper we do not consider model uncertainty.

We have concentrated on assessing the uncertainty of a single ASDR at a future point in time. Since the conditional distribution of the entire future...
\( y_{T+1}, \ldots \) given \( y_T \) is readily available we can also derive simultaneous confidence intervals for any collection of ASDR’s by the same method. In principle, it is therefore possible to derive analytic confidence intervals for any functional of the intensity surface. In practice, however, most quantities of interest, e.g. remaining life expectancy, are too complicated to allow analytic derivations. Instead it is necessary to resort to Monte Carlo methods to assess forecasting uncertainty of any but the simplest quantities. Fortunately, this is straightforward to implement. We simply simulate a large number of realizations from the VAR-model (29) and calculate the corresponding intensity surface by (25). For each surface we calculate the quantity of interest and we thereby obtain (samples from) the forecasting distribution. This will be illustrated in Section 3.4.

3. Application

To demonstrate the model in action we consider the case that gave rise to the name SAINT, namely Denmark as the (sub)population of interest and a basket of developed countries as the reference population. The model is applied to each sex separately.

3.1. Data

Data for this study originates from the Human Mortality Database,\(^9\) which offers free access to updated records on death counts and exposure data for a long list of countries. The database is maintained by University of California, Berkeley, United States and Max Planck Institute for Demographics Research, Germany.

We will use both Danish data and a pooled international data set consisting of data for the following 19 countries: USA, Japan, West Germany, UK, France, Italy, Spain, Australia, Canada, Holland, Portugal, Austria, Belgium, Switzerland, Sweden, Norway, Denmark, Finland and Iceland. This set is chosen among the 34 countries represented in the Human Mortality Database because of their similarity to Denmark with respect to past and presumed future mortality. Table 6 in Appendix D contains a summary of the data.

The subsequent analysis uses data from the years 1933 to 2005 and ages 20 to 100. As far as the time dimension is concerned the cut points are determined by the availability of US data. Concerning the age span the analysis could in principle be based on all ages from 0 to 110, which are all available in the Human Mortality Database. However, since the prime focus is adult mortality and since the mortality pattern at young ages differs markedly from adult mortality all ages below 20 have been excluded. For very high ages the

\(^9\) See www.mortality.org
quality of data is poor and sometimes based on disaggregated quantities and for this reason all ages above 100 have also been excluded.\textsuperscript{10}

The international data set is constructed as the aggregate of the 19 national data sets. For each year from 1933 to 2005 and each age from 20 to 100 the international death count and international exposure consists of, respectively, the total death count and total exposure of those of the 19 countries for which data exists for that year. Measured in terms of death counts and exposures the international data set is more than 100 times larger than the Danish data set.

Since we use an aggregate data set there is an issue regarding the choice of data window and the availability of data for the individual countries. Populations entering the data during the estimation period may lead to undesirable structural breaks in data and for that reason we may choose to use only the period for which data exist for all countries. On the other hand we want to use as long an estimation period as possible to estimate long-term trends. As a compromise between these two concerns we have chosen the data period from 1933 to 2005 since this is the period for which we have US data and also data for the majority of the other large populations. Of the large populations only Japan (entering in 1947) and West Germany (entering in 1956) enter the data later, and neither of these two late entrances seem to cause structural breaks in data. At the other end of the data window we have data for all countries except Australia and Italy (both leaving 2004).

3.2. Trend

Data is illustrated in Figure 1 in Section 1.1. The figure shows Danish and international female death rates for ages 40, 60 and 80. Compared to Denmark the international development in death rates has been quite stable with only slowly changing annual rates of improvement. The Danish mortality evolution, on the other hand, shows a much more erratic behavior with large year-to-year variation in improvement rates. The Danish level seems to follow that of the international community in the long run, but there are extended periods with substantial deviations. The most striking of these is the excess mortality of Danish females around age 60 which emerged in 1980, peaked more than a decade later and is still present today although less pronounced. From Figure 1 and analogous plots for males and other age groups it seems reasonable to think of Danish mortality rates as fluctuating around a stable international trend.

We have used the international data set to estimate the trend model described in Section 2.2.3. Table 1 contains maximum likelihood estimates of the eight parameters and corresponding two sided 95\% confidence intervals. The narrow width of the confidence intervals reflects the fact that, relative to

\textsuperscript{10} In some countries and some years data for ages younger than 100 years is also based on disaggregated quantities, but we suspect this to be of minor importance.
the amount of data, we have a very parsimonious model. Using a similar model Barbi (2003) reports standard errors of the same magnitude in an application to Italian data. The small standard errors indicate that the parameters are well determined, but this does not necessarily imply a good fit. The fit of the model can be assessed graphically on Figure 2 which shows international female mortality rates together with the estimated trend. Overall, it appears that the model does a remarkably good job at describing the data. There are appreciable deviations only for the very youngest and very highest ages. For now we settle with this informal graphical inspection of goodness-of-fit, but we will return to the issue more formally in Section 4.

### TABLE 1

**Maximum likelihood estimates and 95% confidence intervals for the trend model specified in Section 2.2.3. The estimation is based on international mortality data from 1933 to 2005 for ages 20 to 100 years.**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Estimate</td>
<td>95%-CI</td>
</tr>
<tr>
<td>$\sigma$</td>
<td>$4.2860 \cdot 10^{-1}$</td>
<td>$\pm 1.6 \cdot 10^{-4}$</td>
</tr>
<tr>
<td>$g_1$</td>
<td>$9.8965 \cdot 10^{-2}$</td>
<td>$\pm 2.3 \cdot 10^{-6}$</td>
</tr>
<tr>
<td>$g_2$</td>
<td>$4.7856 \cdot 10^{-6}$</td>
<td>$\pm 5.1 \cdot 10^{-8}$</td>
</tr>
<tr>
<td>$g_3$</td>
<td>$1.3103 \cdot 10^{-3}$</td>
<td>$\pm 1.0 \cdot 10^{-7}$</td>
</tr>
<tr>
<td>$\kappa_1$</td>
<td>$-8.7819 \cdot 10^{0}$</td>
<td>$\pm 1.7 \cdot 10^{-4}$</td>
</tr>
<tr>
<td>$\kappa_2$</td>
<td>$-1.8510 \cdot 10^{-2}$</td>
<td>$\pm 5.8 \cdot 10^{-6}$</td>
</tr>
<tr>
<td>$\gamma_1$</td>
<td>$-1.1810 \cdot 10^{1}$</td>
<td>$\pm 1.9 \cdot 10^{-3}$</td>
</tr>
<tr>
<td>$\gamma_2$</td>
<td>$-8.9038 \cdot 10^{-2}$</td>
<td>$\pm 3.2 \cdot 10^{-5}$</td>
</tr>
</tbody>
</table>

**Figure 2:** Historic development (dashed line) in international female log mortality from 1933 to 2005 for the age groups 20, 40, ..., 100. Model estimate of trend with parameters given in Table 1 is superimposed (solid line).
The model has three parameters to describe three different types of improvement in mortality over time. The parameters $g_2$ and $k_2$ affect the improvement in senescent mortality, while the reduction in background mortality is determined by $g_2$. By Proposition C.1 we know that the limiting rate of improvement in senescent mortality is given by $-(k_2 + g_2 x)$ for ages $x$ for which this quantity is positive.\footnote{With the estimated parameter values this is satisfied up to age 213 for men and 3870 years for women, i.e. for all ages of practical relevance.} Since $g_2$ is positive for both sexes the (limiting) rate of improvement is decreasing in age as expected. Due to frailty we also have that the limiting improvement rate is achieved more slowly for higher ages than for lower ages. This further “steeps” the age-profile of improvement rates and causes it to change shape over time as illustrated in Figure 3. Note in particular how the improvement rate for 100-year-olds is projected to double over the next century. The projected increase in improvement rates can also be observed from the curved projection in Figure 2 for this age group (the effect is also present for the younger age groups but much less pronounced).

The value of $k_2$ is estimated to about $-1.8\%$ for both women and men. The value of $g_2$, however, is almost 20 times larger for men than for women. This implies that whereas the limiting age-profile of improvement rates is almost flat for women the age-profile will remain steep for men. Thus 100 year-olds females will eventually experience the same annual rate of improvement as the younger age groups, while old men will continue to have lower improvement rates than younger men.

The improvement rate of background mortality is estimated to about $9\%$ for women and about $2.5\%$ for men. The large value for women is due to the dramatic decrease in mortality among the 20 to 30 year-olds in the beginning of the observation period, cf. Figure 2. However, since female background

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure3.png}
\caption{Rate of improvement, $\rho(t, x)$, in female senescent mortality. Based on parameter values from Table 1.}
\end{figure}
mortality is now negligible compared to senescent mortality further reductions will have virtually no effect on (total) mortality even at young ages. For men, on the other hand, background mortality is much higher (as can be seen by the difference in the values of \( \gamma_1 \)) and future reductions will have a substantial effect on young age mortality.

The estimated level of heterogeneity, \( \sigma \), is higher for women than for men. Since the \( \sigma \) parameter controls the “delay” in achieving the asymptotic rate of improvement, i.e. the first term in (48) of Proposition C.1, this implies that the asymptotic rate is approached slower for women than for men. It is not clear why this is the case, but a gender difference of the same magnitude was found by Barbi (2003).

The remaining parameters control the age profile of (senescent) mortality. As expected the parameter for the overall level, \( k_1 \), and the parameter for first-order age dependence, \( g_1 \), are both estimated to be smaller for women than for men. Only the second-order age dependence parameter, \( g_3 \), is higher, albeit still small, for women than for men. The parameter is positive for both sexes implying that aging is accelerating with age. Thus for all ages of practical relevance female mortality is estimated to be lower than male mortality, but for very advanced ages female mortality will in fact exceed male mortality.

3.3. Spread

We will apply the three factor spread model of Section 2.3 to describe the Danish fluctuations around the international level. The estimated spread series for women are shown in Figure 4, where the excess mortality of Danish women from around 1980 onwards is clearly visible. Note that simultaneously with the increase of the level the curvature has decreased. This means that only women around age 60 experience excess mortality while the mortality of very young and very old Danish women is similar to the international level.

In 2005 the estimated spread parameters were \((0.17, 0.06, -0.16)\) for women and \((-0.01, 0.15, 0.08)\) for men. This in fact implies an excess mortality of more than 25% for Danish women of age 60, but only 6% at age 100. Danish men, on the hand, are very much in line with the international level having an excess mortality of 3% at age 60.

The parameter estimates of the VAR(1)-model, which describes the dynamics of the spread series, are

\[
A = \begin{pmatrix}
0.6861 & -0.1907 & -0.2739 \\
-0.1423 & 0.8724 & -0.1558 \\
-0.2422 & -0.1035 & 0.5179
\end{pmatrix}, \quad \Omega = 10^{-3} \begin{pmatrix}
2.0449 & -0.7341 & 0.3012 \\
-0.7341 & 2.9779 & -0.7376 \\
0.3012 & -0.7376 & 1.3278
\end{pmatrix},
\]

for women and

\[
A = \begin{pmatrix}
0.7885 & -0.1714 & -0.1283 \\
-0.2485 & 0.6387 & 0.0477 \\
-0.0650 & -0.0792 & 0.9130
\end{pmatrix}, \quad \Omega = 10^{-3} \begin{pmatrix}
1.4840 & -0.3818 & 0.3646 \\
-0.3818 & 3.0056 & -1.1880 \\
0.3646 & -1.1880 & 3.4158
\end{pmatrix},
\]
for men. In both cases the $A$ matrices give rise to stationary series. Note that diagonal and off-diagonal elements of $A$ are of the same magnitude because of the high interdependence between the three spread components. Also the errors are highly correlated.

Figure 4 shows the mean forecast for the spread parameters for women with 95% confidence intervals. Due to stationarity all three spread components are forecasted to converge to zero. However, due to the structure of $A$ the convergence is not necessarily monotone. The slope, for instance, starts out positive but is forecasted to become negative before approaching zero.

The width of the confidence intervals reflects the observed variation in the spread over the estimation period. The confidence intervals expand quite rapidly to their stationary values indicating that substantial deviations can build up or disappear in a matter of decades. The confidence intervals do not include parameter uncertainty, but only the uncertainty induced by the error term of the VAR-model. Incorporating parameter, or indeed model, uncertainty will most likely lead to even wider confidence intervals.

### 3.4. Forecasting life expectancy

Life expectancies are an intuitively appealing way to summarize a mortality surface. Letting $\tilde{\mu}$ denote an intensity surface which is constant over Lexis squares, cf. Section 2.1.1, and letting $t$ and $x$ be integers we get the following approximation for the cohort mean remaining life time of individuals born at $t-x$ (at time $t$)

$$e^c(t,x) = \mathbb{E}[T - x \mid T \geq x] = \int_0^\infty \exp\left(-\int_0^s \tilde{\mu}(t + v, x + v) dv\right) ds \approx \sum_{j=0}^M \exp\left(-\sum_{i=0}^{j-1} \tilde{\mu}(t + i, x + i)\right) \frac{1 - \exp(-\tilde{\mu}(t + j, x + j))}{\tilde{\mu}(t + j, x + j)}$$

for some large $M$. Similarly, the period mean remaining life time is

$$e^p(t,x) \approx \sum_{j=0}^M \exp\left(-\sum_{i=0}^{j-1} \tilde{\mu}(t,x + i)\right) \frac{1 - \exp(-\tilde{\mu}(t, x + j))}{\tilde{\mu}(t, x + j)}.$$
Figure 4: Estimated and forecasted spread parameters for Danish women with two sided pointwise 95% confidence intervals.
no future changes in ASDR’s. For this reason the cohort life expectancy is (substantially) higher than the corresponding period life expectancy.

In Table 2 we have shown selected cohort and period life expectancies for women based on point estimates of the intensities (obtained from the mean forecast of the spread). Period life expectancies based on observed death rates for 2005 are also shown. We note that they correspond very well with the model estimates indicating a good fit of the model in the jump-off year.

The table contains period life expectancy forecasts up to year 2105 while cohort life expectancies are forecasted only up to year 2025. In principle, we can calculate cohort life expectancies for 2105 also. However, assuming a maximal age of 120 years this would require that we project ASDR’s to year 2205. No matter how good a model, we cannot give credence to quantities based on projections 200 years into the future and we have therefore chosen to omit the numbers.

The current excess mortality for Danish women can be seen as lower period life expectancies in 2005. The Danish cohort life expectancies are also lower than the international levels but the differences are smaller due to future convergence of Danish rates to the international trend. After 20 years the differences between Danish and international life expectancies have virtually disappeared.

The forecasting uncertainty of complicated functionals such as life expectancy can be assessed by Monte Carlo methods as described in Section 2.3.3. As an illustration of this approach we show in Figure 5 the forecasting distribution for the cohort life expectancy of a 60-year-old Danish women in 2005, $e^c(2005,60)$, based on 100,000 simulations. The empirical mean is 27.06 which is very close to the point estimate of 27.05 in Table 2. Note that this need not necessarily be true in general for non-linear functionals. Confidence intervals

![Figure 5: Forecasting distribution of the cohort remaining life expectancy $e^c(2005,60)$ for Danish women. The mean and median (vertical line) are both 27.06, and the standard deviation is 0.32. Based on 100,000 simulations.](image-url)
can be obtained using either the empirical standard deviation of 0.32 and a normal approximation, or the percentiles of interest can be calculated directly from the sample.

4. Goodness-of-Fit

Evaluation of a statistical model's performance is of uttermost importance, and hence we shall devote this section to investigating the fit of the SAINT model. To this end we evaluate the model's fit within-sample as well as out-of-sample. Having applications in mind we shall emphasize the latter. Our benchmark is the widespread “Poisson version” of the Lee-Carter (LC) model, cf. Brouhns et al. (2002). This model assumes that

\[ D(t, x) \sim \text{Poisson}(\tilde{\mu}(t, x) E(t, x)) \quad \text{with} \quad \tilde{\mu}(t, x) = \exp(\alpha_x + \beta_x \kappa_t), \quad (32) \]

where the parameters are subject to the constraints \( \sum_t \kappa_t = 0 \) and \( \sum_x \beta_x = 1 \) to ensure identifiability.

To assess the performance we measure the cellwise errors in death counts, i.e. the deviation from the expectation in the hypothesized Poisson distribution. We then sum these, their absolute values or their squares. For ease of

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<th>Denmark Age</th>
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<td>30.27</td>
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</table>

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<tr>
<th>Year</th>
<th>International Age</th>
<th>Denmark Age</th>
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</thead>
<tbody>
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<tr>
<td>2105</td>
<td>77.27</td>
<td>37.70</td>
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</table>

TABLE 2

Upper panel: Cohort remaining life expectancy in years for women. The numbers are based on model forecasts and calculated using (30) with \( M = 120 \).

Lower panel: Period remaining life expectancy in years for women. The numbers are based on model forecasts and calculated using (31) with \( M = 120 \). The period remaining life expectancy based on observed death rates for year 2005 with \( M = 110 \) is shown in brackets.
interpretation and comparability across periods of different length we normalize by the total number of deaths in the two former cases. Thus we consider

\[
G_1 = \sum_{t,x} \left( D(t,x) - \bar{\mu}(t,x) E(t,x) \right) / \sum_{t,x} D(t,x)
\]

\[
= 1 - \frac{\sum_{t,x} \bar{\mu}(t,x) E(t,x)}{\sum_{t,x} D(t,x)},
\]

(33)

\[
G_2 = \sum_{t,x} |D(t,x) - \bar{\mu}(t,x) E(t,x)| / \sum_{t,x} D(t,x),
\]

(34)

\[
G_3 = \sum_{t,x} (D(t,x) - \bar{\mu}(t,x) E(t,x))^2,
\]

(35)

where \( \bar{\mu} \) is either fitted or forecasted. The forecasted values for the SAINT model (LC model) are based on the mean forecast of the spread (\( \kappa \)-index).

Notice that \( G_1 \) is the weighted (by actual deaths) average of \( 1 - \bar{\mu}(t,x) / m(t,x) \approx \log(m(t,x) / \bar{\mu}(t,x)) \). The weighted average of the latter therefore being a comparable measure of fit. In comparing some versions of the LC method Booth et al. (2006) calculated the unweighted averages of \( \log(m(t,x) / \bar{\mu}(t,x)) \) and its absolute value. Modulo a log approximation this corresponds to weighing by \( (\bar{\mu}(t,x) E(t,x))^{-1} \) in (33). Apart from these suggestions, most mortality models we have encountered base their evaluation of fit on graphical inspection.

From a statistical perspective it could be argued that the deviations between observed and fitted death counts should be normalized by \( \sqrt{\bar{\mu}(t,x) E(t,x)} \) as this is the standard deviation of the assumed Poisson distribution. This normalization will place more weight on the fit in the young and very old age groups, whereas the current version is more influenced by the age groups with many deaths in absolute numbers, i.e. the age groups from, say, 50 to 90 years. The current version is chosen because from both a demographic and a financial point of view the death rates of the latter age groups are most important, and we are therefore particularly interested in how the models fit and predict death rates for these groups.

\( G_2 \) and \( G_3 \) evaluate the fit in two different ways and we shall use both measures. As a supplement we shall also use \( G_1 \) to measure overall bias. Alternatively, one could evaluate how well key figures such as annuity values and remaining life expectancy match, but we do not pursue that here.

### 4.1. Within-sample performance

Within-sample both models perform well with an absolute relative error of about 6%. Table 3 reveals that there is not much to choose between the two, but it is encouraging that the more sparsely parameterized SAINT model fits at least as good over any subperiod considered. We choose to use \( G_2 \) because it is comparable across sexes and periods, but \( G_3 \) gives the same conclusion.
Recently, Dowd et al. (2010b) came up with some statistically testable suggestions to measure goodness-of-fit for mortality models, which we shall not go into — partly because we are somewhat skeptical of the underlying independence and dispersion assumptions.

4.2. Out-of-sample performance

The papers we are aware of are to a large extent silent regarding the out-of-sample performance of their respective models. Two exceptions are Booth et al. (2006) as mentioned above, and Dowd et al. (2010a), whose ideas are appealing. For sake of brevity we shall not perform any of their four suggested inspections in depth here.

In essence we believe that a good mortality forecast must fulfill two equally important criteria. First, the model should provide accurate forecasts over short and long horizons. And secondly, using different input data the mortality forecasts ought to be as little sensitive towards the choice of estimation period as possible, i.e. robust.

4.2.1. Accuracy

To evaluate the accuracy we will calculate $G_3$ for forecast horizons ranging from 10 to 35 years for two different, but overlapping, estimation periods. The results are displayed in Table 4 from which we conclude (albeit based on limited evidence and overlapping estimation periods) that the LC method predicts slightly more accurately over short forecast periods, whereas on long horizons the SAINT model’s performance is superior. Further analysis has indicated that the tipping point lies between about five and 15 years’ forecast.

At the cost of potentially even worse long run forecasts it has been suggested to improve the short run accuracy by calibrating the Lee-Carter model to the latest observed death rates. This would likely reinforce the difference between the two models.

Very short term forecasts (not shown) are quite accurate in both cases — because of short term smoothness of data and the relatively dense parametrization. All conclusions above apply to men as well.
For the same estimation and forecast periods we have calculated $G_1$ as a measure of bias. The results are shown in Table 5. Note that negative values imply upward bias of death rates, i.e. projected death rates are higher than realized death rates. For the short estimation period the SAINT model has a higher bias than LC, while the bias of the two models is essentially the same for the long estimation period.

Examining the contributions of $G_1$ more thoroughly (numbers not shown) reveals that there is a seemingly systematical pattern in the errors of the SAINT model with most of the upward bias concentrated at ages below 40. Death

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<th>Estimation period</th>
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<tr>
<td>LC</td>
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<td>1.31</td>
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<table>
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<th>35</th>
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<tbody>
<tr>
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<td>6.44</td>
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<td>8.58</td>
</tr>
<tr>
<td>1933-1970</td>
<td>4.82</td>
<td>6.22</td>
<td>7.27</td>
</tr>
<tr>
<td></td>
<td>9.70</td>
<td>13.0</td>
<td>15.7</td>
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<table>
<thead>
<tr>
<th>Estimation period</th>
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</thead>
<tbody>
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<table>
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<th>Estimation period</th>
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<th>35</th>
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</thead>
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<td>SAINT</td>
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<td>–6.49</td>
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<td>+1.83</td>
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</tr>
<tr>
<td></td>
<td>+0.80</td>
<td>+1.93</td>
<td>+2.53</td>
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</table>
rates for ages 40-60 are in fact slightly downward biased, while death rates for ages above 60 are essentially unbiased. Due to its structure the LC model suffers no such systematic age bias.

Dowd et al. (2010a) point out that most mortality forecasts are upward biased. We find the same, but of course this is not an intrinsic feature of the models.

4.2.2. Robustness

We will check robustness in two ways — by examining the stability of forecasts towards the inclusion of additional years in each end of the data window. This serves two distinct purposes. Adding extra years in the “left” side of the interval we examine the sensitivity towards the otherwise arbitrary choice of left end point of the input data. On the other hand adding years in the “right” side allows analysis of the desired feature that forecasts do not change substantially when the model is calibrated using new data. Of course these two tests are closely linked. For the sake of brevity we will provide graphical indications only but obviously a version of the $G_3$ measure, or something similar, should be considered as well to assess how close forecasts based on different data are.

For the former analysis see Figure 6. This graphical inspection clearly indicates that the SAINT model is more “backward robust”. The particular evidence is based on two scenarios only, but in fact the conclusion applies to other ages and periods and to Danish men as well.

Finally, we consider the stability towards including new data. This is essentially no different from the preceding analysis, and the conclusion is repeated from above. Figure 7 compares mortality intensity forecasts at two key ages and suggests that the SAINT model is slightly more “forward robust”. This conclusion is also representative across sexes, ages, and estimation periods.

We do not believe in the existence of an intrinsically optimal length for the sample period. Hence, we do not investigate this. Instead we have faith in the underlying model and use as much data as possible whenever it is deemed being of an acceptable quality.

As a closing remark we note that any full evaluation of the out-of-sample performance should take the entire fitted and forecasted distribution into account, cf. Dowd et al. (2010a). At first glance our model seems to provide reasonably wide distributions on both short and long horizons, thus nicely accompanying the reasonable forecasts. Presently we shall not, however, elaborate further on this.

CONCLUDING REMARKS

The mainstream in mortality modeling builds on linear time series of unobserved underlying random processes. This typically works very well when the population in question is sufficiently large that realised death rates are smooth,
in particular over relatively short forecast horizons. Over longer horizons, and for small populations on the other hand the performance of these models is less convincing, and the estimates may be very sensitive to the choice of input data. We therefore developed a two-step approach — modeling first the mortality of a larger reference population, then the mortality spread between the two populations.

We have left the choice of reference population a subjective one. The reference population should be related to the population of interest as we have to believe that the two populations share the same long term trend. Observing this, we recommend to choose it as large as possible for best identification of

**Figure 6:** Mortality intensity forecasts based on two different estimation periods. Upper panel: SAINT model. Lower panel: Lee-Carter model. Danish women.
the trend. The analysis obviously depends on the choice of reference population, but in this respect the choice of reference population is no different from the choice of estimation window, or indeed the choice of model.

In the presented model we have focused on forecasting a single population. However, the methodology can easily be extended to produce coherent, i.e. non-diverging, forecasts for a group of related populations by using the group as reference population and treat each population as a subpopulation of the group. Similarly, we could consider men and women as subpopulations of the same population rather than estimate separate models for each gender as done in the application.
We have used a two-stage estimation routine in which we first estimate the trend parameters and then estimate the spread parameters with the trend kept fixed. This approach can be justified when the reference population is substantially larger than the subpopulation, as in case of Danish and international data. For applications in which the reference and subpopulation are of comparable size one might consider to estimate the trend and the spread jointly. It is straightforward to write down the likelihood function so in principle this is possible, but it is numerically involved due to the large number of parameters involved.

The trend component of the SAINT model imposes structure on how mortality can evolve over time and across ages. The parametric form provides insight into the improvement patterns and it guarantees biologically plausible forecasts. Compared to the Lee-Carter model the structure of the SAINT model lead to more precise long-term forecasts at the price of higher bias. The higher bias was primarily for young ages which is not surprising as the focus of our modelling has been on old age mortality. The bias at young ages could undoubtedly be reduced by more careful modelling of these age groups if so desired.

We have concentrated on the uncertainty generated by the stochastic term of the spread model. Taking account of parameter uncertainty also would be a useful extension to the present work. In the case of the trend model however the impact of including parameter uncertainty might be limited since the trend parameters are very well-determined, cf. Table 1. Another possibility therefore which might better reflect the uncertainty of the trend would be to introduce stochastic terms in the trend model also, thus treating both the trend and the spread as stochastic processes.

**APPENDIX A.**

**THE MULTIPLICATIVE FRAILTY MODEL**

In this appendix we state and prove a number of results for the cohort-version of the multiplicative frailty model (11). Vaupel et al. (1979) consider the multiplicative frailty model for a single cohort and state results similar to ours.

For ease of reference we first give some basic properties of $G$-distributions and two-dimensional mortality intensities and survival functions. Recall that the density of the $G$-distribution with shape parameter $l > 0$ and scale parameter $b > 0$ is given by

$$f(z) = \frac{\beta^{-\lambda}}{\Gamma(\lambda)} z^{\lambda-1} \exp(-z/\beta), \; (z \geq 0).$$

This distribution has mean $b\lambda$ and variance $b^2\lambda$. Letting $\lambda = \beta^{-1} = \sigma^{-2}$ we obtain a $\Gamma$-distribution with mean 1 and variance $\sigma^2$.

The survival function, $\overline{F}(t,x)$, denotes the proportion of the cohort born at time $t-x$ still alive at time $t$ (at age $x$). Similarly, the individual survival
function, \( \bar{F}(t, x; z) \), denotes the probability that a person with frailty \( z \) born at time \( t - x \) is still alive at time \( t \). If \( f \) denotes the density of the frailty distribution at birth we have

\[
\bar{F}(t, x) = \int_0^\infty \bar{F}(t, x; z) f(z) \, dz,
\]

(37)

while the conditional frailty density at time \( t \) for persons of age \( x \) is given by

\[
f(z | t, x) = \frac{f(z) \bar{F}(t, x; z)}{\bar{F}(t, x)}.
\]

(38)

The survival function can be expressed in terms of the force of mortality as

\[
\bar{F}(t, x) = \exp \left( -\int_0^x \mu(u + t - x, u) \, du \right),
\]

(39)

and, conversely,

\[
\mu(t, x) = \left[ -\frac{d}{d\delta} \log \bar{F}(t + \delta, x + \delta) \right]_{\delta=0}.
\]

(40)

The same relationships hold for \( \bar{F}(t, x; z) \) and \( \mu(t, x; z) \).

**Proposition A.1.** Assuming (11) the population mortality surface is given by

\[
\mu(t, x) = \mathbb{E}[Z | t, x] \mu^I(t, x) + \gamma(t),
\]

(41)

where \( \mathbb{E}[Z | t, x] \) denotes the conditional mean frailty at time \( t \) for persons of age \( x \).

**Proof.** By (40), (37), (38) and (11) the population mortality satisfies

\[
\mu(t, x) = \left[ -\frac{d}{d\delta} \bar{F}(t + \delta, x + \delta) \right]_{\delta=0} \frac{\bar{F}(t, x)}{
\int_0^\infty f(z) \left[ -\frac{d}{d\delta} \bar{F}(t + \delta, x + \delta; z) \right]_{\delta=0} \, dz
\}

\[
= \int_0^\infty f(z) \frac{\bar{F}(t, x; z) \mu(t, x; z) \, dz}{\bar{F}(t, x)}
\]

\[
= \int_0^\infty f(z | t, x) (z \mu^I(t, x) + \gamma(t)) \, dz
\]

\[
= \mathbb{E}[Z | t, x] \mu^I(t, x) + \gamma(t).
\]
The result of Proposition A.1 holds true regardless of the assumed frailty distribution at birth. However, in order to obtain an analytically tractable model we will assume that frailties at birth follow a scaled $G$-distribution with mean 1 and variance $\sigma^2$. Under this assumption the conditional frailty distributions are also $G$-distributed and explicit expressions for the conditional mean and variance can be derived. Let $Z|t,x)$ denote the conditional frailty distribution at time $t$ for persons of age $x$.

**Proposition A.2.** Assuming (11) and $Z \sim G$ with mean 1 and variance $\sigma^2$ then $Z|t,x)$ is $G$-distributed with mean and variance given by

$$E[Z|t,x) = \left(1 + \sigma^2 I(t,x)\right)^{-1},$$

$$\text{Var}[Z|t,x) = \sigma^2 E[Z|t,x)]^2,$$

where $I(t,x) = \int_0^t \mu_t(u + t - x, u)du$.

**Proof.** Using (11), the individual survival function can be written

$$\bar{F}(t,x;z) = \exp(-zI(t,x) - G(t,x)),$$

where $I(t,x) = \int_0^x \mu_t(u + t - x, u)du$ and $G(t,x) = \int_0^x \gamma(t - x + u)du$. Inserting (44) in (37) with $f$ given by (36) for $\lambda = \beta^{-1} = \sigma^{-2}$ we get

$$\bar{F}(t,x) = \frac{j}{\Gamma(\lambda)} \int_0^\infty \exp(-z[\lambda + I(t,x)]) z^{j-1} dz \exp(-G(t,x))$$

$$= \left(1 + \sigma^2 I(t,x)\right)^{1/\sigma^2} e^{-\lambda I(t,x)}.$$  

Finally, inserting (44) and (45) in (38 with $f$ as above we obtain

$$f(z|t,x) = \frac{(\sigma^{-2} + I(t,x))^{\sigma^{-2} - 1}}{\Gamma(\sigma^{-2})} z^{\sigma^{-2} - 1} e^{-z(\sigma^{-2} + I(t,x))},$$

which we recognize as a $G$-density with $\lambda = \sigma^{-2}$ and $\beta^{-1} = \sigma^{-2} + I(t,x)$. 

Proposition A.2 characterizes how the frailty composition of a given birth-cohort changes over time. At early ages where the integrated intensity $I(t,x)$ is small the selection is modest and the conditional mean and variance are close to the unconditional values of 1 and $\sigma^2$. As the intensity increases so
does \(I(t,x)\) and the conditional mean and variance decrease towards 0. Thus, over time the frailty distribution gets closer and closer to 0.

The following proposition shows that the conditional mean frailty can also be expressed in terms of the senescent population mortality, i.e. the age-dependent component of \(\mu\). Denoting the senescent population intensity by \(\mu_s\) it follows from Proposition A.1 that \(\mu_s(t,x) = \mathbb{E}[Z|t,x] \mu'_s(t,x)\).

**Proposition A.3.** Under the assumptions of Proposition A.2

\[
\mathbb{E}[Z|t,x] = \exp(-\sigma^2 H(t,x)),
\]

where \(H(t,x) = \int_0^x \mu_s(u + t - x, u) du\).

**Proof.** First note that in the notation of Proposition A.2 we have

\[
\left(\frac{\partial}{\partial t} + \frac{\partial}{\partial x}\right) I(t,x) = \mu'_s(t,x),
\]

and thereby

\[
\left(\frac{\partial}{\partial t} + \frac{\partial}{\partial x}\right) \log \mathbb{E}[Z|t,x] = -\left(\frac{\partial}{\partial t} + \frac{\partial}{\partial x}\right) \log \left(1 + \sigma^2 I(t,x)\right) = -\frac{\sigma^2 \mu'_s(t,x)}{1 + \sigma^2 I(t,x)} = -\sigma^2 \mu'_s(t,x) \mathbb{E}[Z|t,x] = -\sigma^2 \mu_s(t,x).
\]

Using \(\mathbb{E}[Z|t-x,0] = 1\) we then get

\[
\log \mathbb{E}[Z|t,x] = \int_0^x \left(\frac{\partial}{\partial t} + \frac{\partial}{\partial x}\right) \log \mathbb{E}[Z|t-x+u,u] du = -\sigma^2 \int_0^x \mu_s(t-x+u,u) du.
\]

As an immediate consequence of Proposition A.3 we have the following inversion formula,

\[
\mu'_s(t,x) = \mu_s(t,x) \exp(\sigma^2 H(t,x)),
\]

which allows us to recover the individual intensities from the population intensity and the level of heterogeneity, \(\sigma^2\). The existence of such a formula implies that any population mortality surface can be described by a frailty model with a given level of heterogeneity.
APPENDIX B
LIMIT COHORT MORTALITY

The limiting behavior of the cohort mortality profiles of the model specified in (15)-(17) is given by the following proposition.

**Proposition B.1.** Assume $\sigma^2 > 0$. The limit cohort mortality is given by

$$
\lim_{x \to \infty} \mu_x(b + x, x) = \begin{cases} 
\infty & \text{if } g_2 + g_3 > 0, \\
\frac{g(b, 0) + \kappa_2}{\sigma^2} & \text{if } g_2 + g_3 = 0 \text{ and } g(b, 0) + \kappa_2 > 0, \\
0 & \text{else.}
\end{cases}
$$

**Proof.** First case follows by applying l'Hôpital's rule to (18), second case is the Gamma-Makeham model, and third case is trivial. \qed

The cohort mortality profile is the result of two opposite effects: the increase in individual mortality pushes the cohort mortality upwards, while the selection mechanism pushes it downwards. For $\Gamma$-distributed frailties and exponential individual intensities the two effects balance each other in such a way that an old-age mortality plateau occurs. This is the case in the Gamma-Makeham model and in the second case of Proposition B.1.

However, when individual intensities increase faster than exponential the individual effect dominates and the cohort mortality converges to infinity (although at a slower pace than the individual intensities). Conversely, for sub-exponential individual intensities the selection effect dominates and the cohort mortality goes to zero. These two situations correspond to the first and third case, respectively, of Proposition B.1. The third case of Proposition B.1 is an extreme case of sub-exponential growth in which the individual intensities are in fact decreasing with age, at least from some age. However, the result holds for any sub-exponential intensity, e.g. polynomial.

In the application the estimates of $g_2$ and $g_3$ are both positive. Hence we find ourselves in the first case. That individual intensities increase faster than exponential was also found by Yashin and Iachine (1997).
APPENDIX C
RATES OF IMPROVEMENT

The current and asymptotic rates of improvement in age-specific death rates of the model specified in (15)-(17) is given by the following proposition.

**Proposition C.1.** Assume $\kappa_2 < 0$. If $\kappa_2 + g_2 x < 0$ then

$$\rho_x(t, x) = -\frac{\partial \log E[Z|t,x]}{\partial t} - (\kappa_2 + g_2 x) \to - (\kappa_2 + g_2 x) \text{ for } t \to \infty. \quad (48)$$

**Proof.** The equality in (48) follows from (20) and the specification of $\mu_i$. To show convergence we first use Proposition A.2 to write

$$\frac{\partial \log E[Z|t,x]}{\partial t} = - \frac{\sigma^2 \frac{\partial}{\partial t} I(t,x)}{1 + \sigma^2 I(t,x)}, \quad (49)$$

where $I(t,x) = \int_0^x K(t-x,y) dy$. By (19) and dominated convergence we have

$$I(t,x) = \int_0^x \exp((\kappa_2 + g_2 y)t) K(-x,y) dy \to 0 \text{ for } t \to \infty,$$

since $\kappa_2 + g_2 y < 0$ for all $0 \leq y \leq x$ by assumption. Similarly,

$$\frac{\partial}{\partial t} I(t,x) = \int_0^x \exp((\kappa_2 + g_2 y)t)(\kappa_2 + g_2 y) K(-x,y) dy \to 0 \text{ for } t \to \infty,$$

and we conclude that (49) also converges to zero. \qed

The conditions of the proposition imply that all age groups up to age $x$ experience improvements. Note, however, that $g_2$ may be either positive or negative. Thus the model allows for (asymptotic) improvement rates in senescent mortality to be either increasing or decreasing with age.
APPENDIX D
DATA SUMMARY

TABLE 6
SUMMARY OF DEATHS AND EXPOSURES FOR AGES 20-100 OVER THE PERIOD 1933-2005 FOR THE COUNTRIES INCLUDED IN THE INTERNATIONAL DATA SET.

<table>
<thead>
<tr>
<th>Country</th>
<th>Period</th>
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<th>Male exposure</th>
<th>Female deaths</th>
<th>Female exposure</th>
</tr>
</thead>
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REFERENCES


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